

U.6 HEALTHY LIVING

Grammar reference

1. CONDITIONAL (zero, first, second and third conditionals)

Zero (general truth)

- **If** you heat water, it boils (**If + present simple, present simple**)
- **If** you don't eat, you die

You can swap the phrases

First (possible future happening)

- **If** you don't study, you will fail (**If + present simple, will + infinitive**)
- **If** it doesn't rain, I'll go

Second (imaginary situation)

- **If** I won the lottery, I would buy a house (**If + past simple, would/could + infinitive**)

Third (what could have happened in the past unreal)

- **If** I had studied harder, I would have had a better mark (**If + past perfect, would/could + have + past perfect**)

2. IF ONLY/ WISH

I wish/ if only + past simple to talk about imaginary situations in the present. Wishes for things to be different in the present:

- **I wish/ if only** I **was** taller
- **I wish/ if only** I **was** on the beach right now

I wish/ if only + past perfect to talk about past situations that we would have liked to be different. Regrets.

- **I wish/ if only** I **had studied** harder for...
- **I wish/ if only** I **hadn't spent** my money last weekend.

I wish/ if only + would/ wouldn't + infinitive to talk about somebody's habitual behavior that we want to criticize and change. (**Different subject**)

- **I wish/ if only** my sister **wouldn't take** my outfits
- My dad smokes. **I wish/ if only** he **wouldn't do** it.

3. UNLESS, AS LONG AS, PROVIDED/PROVIDING (THAT) IN CASE

Unless: a no ser que

- We won't be able to swim **unless** the swimming pool is open.

As long as/ provided/ providing: sempre que/ només si

- We'll be able to swim **as long as/ provided** the swimming pool is open.

In case: en cas que/ per si de cas

- We'll take our swimming costumes **in case** the swimming pool is open.